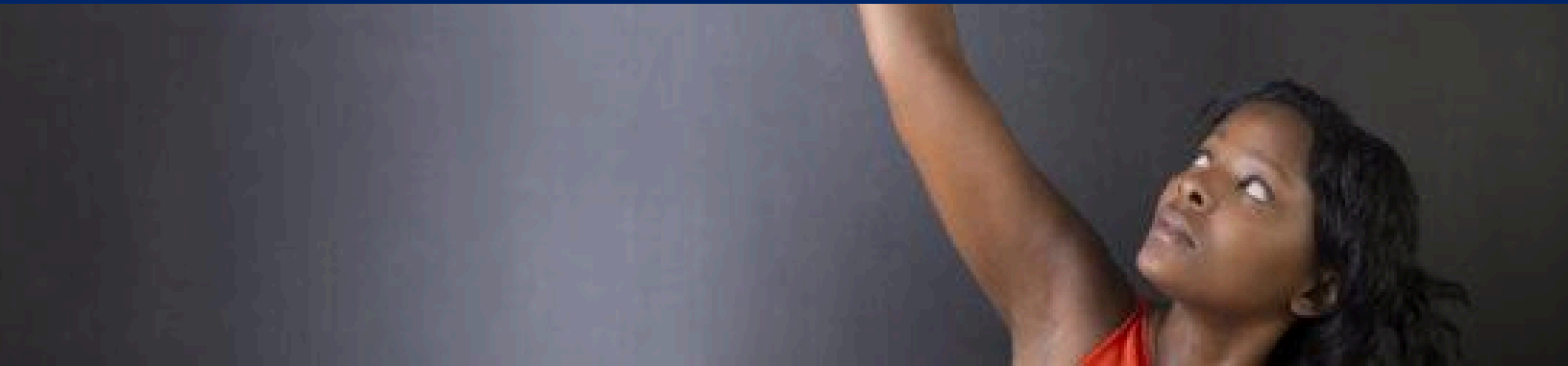




# COGx Online Professional Development

Science of Learning Series: Developing Sophisticated Learners



<b>Program Name:</b>	<b>Teach for Belonging &amp; Wellbeing</b>
<b>Duration:</b>	<b>8 hours</b>
<b>Cost:</b>	<b>\$135 pp</b>

## Description of the Program

21st Century educators are called upon to support students' well-being and challenged to find novel ways to motivate students. Put Maslow before Bloom and learn how to foster meaningful relationships with students, become well-versed in social-emotional learning and trauma-informed teaching, and discover evidence-based methods to increase student engagement. Learn how to create a classroom where students feel like they belong, can make mistakes, and find purpose in their work.

## Learning Outcomes (What you will learn)

- The science behind engagement and motivation.
- How to engage students including the 3 dimensions of engagement.
- How to tap into intrinsic motivation including Self-Determination Theory.
- The impact of emotions on cognition and learning.
- 5 core competencies of Social-Emotional Learning.
- 6 essential components of Positive Education.
- 8 principles of Trauma-Sensitive Education.
- 3 student mindsets for belonging and learning.
- Classroom strategies to support positive emotions, engagement, and positive relationships in learning.
- Classroom strategies and methods that engage and motivate students.

## Program Elements (How you will learn it)

- Live Webinar (recording available)
- 7 Video Micro Lessons from experts
- Group Discussions
- 3 Visuals and Graphic Organizers
- 1 Application Guide
- Ongoing self-checks and application of concepts
- Direct access to your Program Leader
- Opportunities to give and receive feedback from your peers
- Teaching practice reflection



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## Guest Lecturers (Who you will learn from)



UCLA

### **Robert Bjork**

Professor of Psychology, University of California

Affiliations: Learning and Forgetting Lab, UCLA

Areas of Expertise:  
Human Learning and Memory, Implications of Science of Learning for Instruction

**Education: PhD in Psychology, Stanford University**



### **David Bott**

Associate Director of Institute of Positive Education at Geelong Grammar School, Australia

Areas of Expertise:  
Applying Positive Education; Teacher Training on individual and whole-school approaches to well-being.

**Education: MA Psychology**



UCLA

### **Elizabeth Bjork**

Professor of Psychology, University of California

Affiliations: Learning and Forgetting Lab, UCLA

Areas of Expertise:  
Human Learning & Memory; Implications of Science of Learning for Teacher Instruction

**Education: PhD in Psychology from University of Michigan**



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## Peling Li

COGx Curriculum Designer & Guest Lecturer

### Areas of Expertise:

Teacher training and development, and special education. Experienced educator and coach to teachers; professor of graduate courses at Urban Teachers, Johns Hopkins University.

**Education: Ed.D. Special Education, Johns Hopkins University; MA International Education Development, Columbia University**



## Linda Darling Hammond

Professor Emeritus, Stanford University Graduate School of Education

### Areas of expertise:

Author or editor of more than 25 books and more than 500 articles on education policy and practice. Her work focuses on school restructuring, teacher education, and educational equity

**Ed.D. Temple University (with highest distinction); B.A. from Yale University (magna cum laude)**

**Stanford  
University**



## Ned Johnson

Author & Educator

Affiliation: Founder of PrepMatters and Author of A Sense of Control

### Areas of Expertise:

Adolescence & Academic Performance

**Education: BA Economics & Political Science, Williams College**